## PREVENTING A CRISIS straight talk on youth mental health & suicide Wed., December 15, 2021 6-8:00 p.m.

NNU Brandt Center Auditorium | 623 S University Blvd, Nampa

Due to recent deaths by suicide among our Canyon County students, we need to have a serious conversation with parents and guardians about youth mental health including anxiety, depression, and suicide. The adults-only conversation will highlight prevention and intervention resources and strategies.

## ADULTS ONLY -PLEASE JOIN US

A parent's story of loss and hope

Panel discussion of experts + community members

know the signs | get help | find hope

LINK TO Idaho Suicide Prevention Gatekeeper Training















