



Behavioral Health Crisis Resources

If you feel you cannot keep yourself safe, go to the nearest emergency department or call 911. If you want someone to talk to or need referral information, there are Behavioral Health Crisis Resources available to you.

REGIONAL BEHAVIORAL HEALTH CRISIS LINES - ALL AGES - 24/7 (VOICE ONLY, NO TEXT/SMS)

Region 1

Counties: Benewah, Bonner, Kootenai, Shoshone

Phone

[208-769-1406](tel:208-769-1406)

Region 3

Counties: Adams, Canyon, Gem, Owyhee, Payette, Washington

Phone

[208-459-0092](tel:208-459-0092)

Region 5

Counties: Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, Twin Falls

Phone

[208-736-2177](tel:208-736-2177)

Region 7

Counties: Bingham, Bonneville, Butte, Clark, Custer, Fremont, Jefferson, Lemhi, Madison, Teton

Phone

[208-528-5700](tel:208-528-5700)

Region 2

Counties: Clearwater, Idaho, Latah, Lewis, Nez Perce

Phone

[208-799-4440](tel:208-799-4440)

Region 4

Counties: Ada, Boise, Elmore, Valley

Phone

[208-334-0808](tel:208-334-0808)

Region 6

Counties: Bannock, Bear Lake, Caribou, Franklin, Oneida, Power

Phone

[208-234-7900](tel:208-234-7900)

IDAHO SUICIDE PREVENTION HOTLINE (ALL AGES, 24/7)

Talk OR text - SMS or long-distance charges may apply.

Phone

Idaho's Behavioral Health Community Crisis Centers for Adults Only - 24/7

REGION 1

Northern Idaho Crisis Center →

208-625-4884

[Northern Idaho Crisis Center](#) 

REGION 2

Rural Crisis Center Network

877-897-9027

Rural Crisis Center Network

REGION 3

Western Idaho Community Crisis Center →

208-402-1044

[Western Idaho Community Crisis Center](#) 

REGION 4

Pathways Community Crisis Center of SW Idaho →

208-489-8311

[Pathways Community Crisis Center of SW Idaho](#) 

REGION 5

Crisis Center of South Central Idaho →

208-772-7825

[Crisis Center of South Central Idaho](#) 

REGION 6

South East Idaho Behavioral Crisis Center →

208-909-5177

[South East Idaho Behavioral Crisis Center](#) 

REGION 7

Behavioral Health Crisis Center of East Idaho →

[Behavioral Health Crisis Center of East Idaho](#) 

NATIONAL SUICIDE PREVENTION HOTLINE (ALL AGES, 24/7)

Calls are routed based on caller's area code: A caller with a 208 area code will be routed to Idaho's Suicide Prevention Hotline (see below), but someone with an out-of-state area code will likely be routed to that state's hotline.

Phone

[800-273-8255](tel:800-273-8255)

NATIONAL CRISIS TEXT LINE (ALL AGES, 24/7)

National Crisis Text Line

Works with most carriers without charge; however, short codes do not work with some prepaid plans.

Phone

[Text 741-741](tel:741-741)

Facebook Crisis Text Line

Crisis messaging via Facebook

URL

<https://m.facebook.com/crisistextline> 

VETERANS CRISIS LINE - 24/7

Veterans Crisis Line

Text: 838255

TTY: Use your preferred relay service, or dial 711 then 800-273-8255.

Online chat: <https://www.veteranscrisisline.net/get-help/chat>

Phone

[800-278-8255](tel:800-278-8255) (press 1).

URL

<https://www.veteranscrisisline.net/> 

About Us

[Careers](#)

[Contact Us](#)

[Criminal History Unit](#) 

[DHW Blog](#) 

[Language Assistance](#)

[Non-Discrimination](#)

[Public Records Request](#)

Crisis Services

[Report Child Abuse](#)

[Report Fraud](#)

[Submit a Child Care Complaint](#)

[Suicide Hotline](#)

Related

[Idaho Careline](#) 

[Idaho Coronavirus](#) 

[Idaho Rebounds](#) 


[Idaho.gov](#) 

[Live Better Idaho](#) 

[Medicaid Expansion](#) 

[ONE Idaho](#) 

[Cybersecurity](#) 

[Privacy - Idaho](#) 

[Privacy - DHW](#)

[Security](#) 

This site is powered by [CiviServ](#) 