



Aaron F. Newton, D.O.

Fellowship Trained Orthopaedic Sports Surgeon

Dr. Aaron F. Newton is a fellowship trained orthopaedic sports surgeon who joined Saltzer Health in July 2020 from Astria Health in Yakima, WA.

He completed his fellowship in orthopedic surgery-sports medicine at the University of Minnesota, where he received specialized training in arthroscopic knee and shoulder surgery and provided care for professional and college athletes with the Minnesota Twins, Minnesota Wild, University of Minnesota football and wrestling teams.

During his residency at St. John Providence Health System Macomb-Oakland in Michigan, he was named orthopaedic resident of the year, 2018.

+ Education

Fellowship » University of Minnesota, TRIA Orthopaedic Center, Minneapolis, MN

Residency » St. John Providence Health System Macomb-Oakland, Madison Heights, MI, and Michigan State University College of Osteopathic Medicine Statewide Campus System

Medical School » Des Moines University, Des Moines, IA. Doctor of Osteopathic Medicine

Undergraduate » University of Utah, Salt Lake City, UT, Bachelor's of Science in Exercise Physiology, minor in chemistry

+ Areas of Specialty

- Shoulder injuries, Arthroscopic Rotator Cuff Surgery, Arthroscopic Shoulder Stabilization, Shoulder Replacement
- Knee Injuries, Knee Joint Preservation Surgery (Cartilage Cell Transplantation, Fresh Osteochondral Allograft Transplantation), Meniscal Repair, Knee Replacement

+ Philosophy

My practice is focused on a team-based approach consisting of myself as an orthopaedic surgeon, physical therapists, and athletic trainers who strive to promote health and physical activity. The human body was designed to be in motion and maintaining motion promotes overall health. Our team assists and educates patients on ways to stay active and avoid injury. When injury occurs, we are there every step of the way to recovery.



TO SCHEDULE AN APPOINTMENT:

208.463.3219 APPTS

208.463.3055 FAX

South Nampa Clinic

215 E. Hawaii Ave.

Currently accepting new patients.

saltzerhealth.com