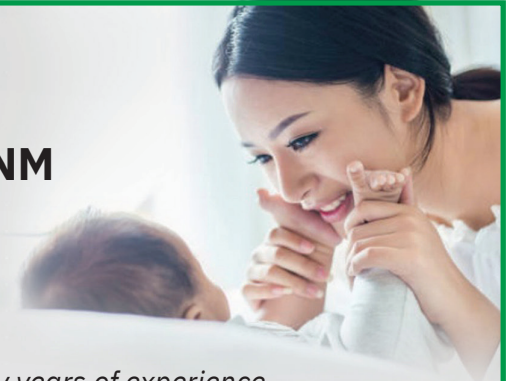




## Kathy Watkins, CNM

### Certified Nurse Midwife



*Kathy Watkins is a longtime Certified Nurse Midwife who has many years of experience in ultrasound and family friendly Caesarean section. She also supports hydrotherapy and water for relaxation of labor. Kathy has been a practicing Certified Nurse Midwife since completing her master's degree in 1993. She welcomes all patients and works collaboratively with board-certified obstetricians.*

#### + Personal Philosophy:

Experience in the health care field of midwifery utilizing a host of clinical and managerial skills with compassion, respect, and excellence to offer culturally sensitive patient-centered care.

#### + Fellowships:

**St. Luke's Health System Center for Nursing Excellence** » Evidenced Based Practice Fellowship on skin-to-skin contact of the newborn, Boise

**Nursing Leadership Fellowship Program** » Developing Ultrasound for Certified Nurse Midwives, Duke University, Durham, N.C.

#### + Education

**Undergraduate** » Bachelor's Degree in Nursing, University of Saskatchewan, Saskatchewan, Canada

**Master's Degree** » Master's Degree in Nursing with a Midwifery Specialty, University of Utah, Salt Lake City, Utah

#### + Personal Interests

- Outdoor enthusiast & competitive athlete
- Community development volunteer in early childhood education

#### + Hospital Privileges

- St. Luke's Nampa



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